



Free! **Knights of Columbus Kids' Races**
Sunday October 9, 2011
Approx 2:45 PM

Sponsored by:

The Nittany Valley Running Club and Appalachian Outdoors

The Nittany Valley Running Club will hold two Kids' Races in conjunction with the Knights of Columbus 5K Race. There will be a $\frac{1}{4}$ - mile race for kids 8 and under and a $\frac{1}{2}$ -mile race for kids 12 and under. The races are free of charge. All participants will receive a ribbon.

When: Sunday October 9, 2011
After the Knights of Columbus 5K. About 2:45 PM

Where: Races will be held in Orchard Park at the corner of Blue Course Drive and Bayberry.

Registration: Participation is free. Parent or guardian must sign a release form. Register at the Knights Hall at 850 Stratford Drive after 11:30 AM.

Prizes: All participants will receive a ribbon. Results will sent to the CDT and will also be available on line at the Nittany Valley Running Club web site, nvrn.com.