



RELEASE FORM – CENTRE REGION All-Comers Cross-Country 5K Fall 2011

State College Area High School Cross Country Course
(October 1, 2011)

Runner's name _____

Address _____

City, State, Zip _____

Phone number: _____

I, _____, ask to be admitted to participate in the Centre Region Cross Country Run. This run is conducted in co-operation with the State College Area School District, Nittany Valley Running Club, and Centre Region Parks and Recreation Department. In consideration for such admission, I agree to release, discharge and forever hold harmless the event sponsors, its organizers, officers, and employees of and from all causes, liabilities, damages, claims or demands whatsoever on account of any injury or accident my attendance at or participation in the cross-country run and/or activities held in connection with the cross-country run.

Signature of runner

Date

If under 18 years of age:

I/we by the signature(s) below, individually and as parent(s) and/or guardian(s) of the minor named above, ask that he/she be admitted to participate in the Centre Region Cross Country Run(s). In consideration for such admission, I agree to release, discharge and forever hold harmless the event sponsors, its organizers, officers, and employees of and from all causes, liabilities, damages, claims or demands whatsoever on account of any injury or accident my attendance at or participation in the cross-country run and/or activities held in connection with the cross-country run.

One signature/printed name is required, but both signatures/printed names requested:

Mother's/guardian's signature Date

Mother's/guardian's printed name

Father's/guardian's signature Date

Father's/guardian's printed name