



Sue Crowe Memorial
44th Nittany Valley Arts Festival
5K and 10K Road Races



“The biggest, longest-running race in Central Pennsylvania”

Sunday, July 14, 2019, 8:15-8:30 am

DETAILS: Registration, start, and finish of all races will be at and behind the Ag Arena on the corner of Park Ave. and Fox Hollow/ Porter Rd. on Penn State's University Park Campus. 10k starts 8:15 and 5K at 8:30. Kids Races follow, on gravel roads behind the Ag Arena.

COURSES: The 5K course will follow roads behind the Ag Arena, under US322/I-99, out to Innovation Park, and return. The 10K course will start at the same place, make its way to the Bellefonte Central Rail Trail, follow that to Toftrees, and return. Course maps are available at <http://nvrn.com/index.php/racing/club-sponsored/arts-festival-races>

AWARDS: 1,2,3 male and female overall
 Awards to the first three in each ten-year age group – male and female.

T-SHIRTS: Official Arts Festival™ race t-shirts guaranteed to the first 400 registered participants. First-come, first-served!

FEES: \$25 registration by mail, online (see below) , or on race day. **NVRC members deduct \$2.**

WEB SITE: There's more information about the Arts Fest races, including race history, lore, and results, at <http://nvrn.com/index.php/racing/club-sponsored/arts-festival-races>

SPONSORS:



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PRE-REGISTRATION:

Offline Registration:
 Make checks payable to:
NVRC

Mail entry to:

NVRC Arts Festival Race
 P.O. Box 10348,
Calder Square
 State College, PA 16805

Register Online
legacy.imathlete.com/events/ArtsFest2019

DAY-BEFORE REGISTRATION AND PACKET PICK-UP:

Participants may pick up race packets and chips and register on Sat., July 13 from noon-5pm at the Centre County Convention & Visitors Bureau, 800 E. Park Ave. You may also pickup packets and chips on race day.

RACE DAY REGIST: 7am-8am at the Ag Arena, corner of Park avenue and Fox Hollow/Porter Road.

ACCOMMODATIONS: Contact the CCCVB at (800) 358-5466 or email cccvb@visitpennstate.org

QUESTIONS: Contact Dave Egler (814-571-1960 or dhe1@psu.edu)

Name _____ Age _____ Sex _____ 5K _____ 10K _____
Address _____ Shirt Size YL S M L XL
City _____ State _____ Zip _____ NVRC Member? Y N
Phone _____ Email _____ Birthdate _____

In consideration of the acceptance of my entry and intending to be legally bound, I hereby, for myself, my heirs, my executors and administrators, do waive, release, and discharge all rights and any claims which I may have, or which may hereafter accrue to me, against The Pennsylvania State University, State College Borough, and any and all members of the NVRC and the Central Pennsylvania Festival of the Arts™, and all named and unnamed sponsors and volunteers, while traveling to and from the event, participating in the event, or using any and all facilities, for any and all injuries suffered by me in this event. I understand any race is potentially dangerous and hereby attest and affirm that I am sufficiently conditioned for this event.

Signature of Entrant _____ Date _____

Signature of Parent/guardian if entrant is under 18 years of age _____ Date _____

The Nittany Valley Running Club produces the Nittany Valley Arts Festival™ 10K & 5K Road Races as an authorized independent entity working with the Central Pennsylvania Festival of the Arts™